

UPWARD
**Upward
Soccer News**

The Spring league is now underway! Games will be every Saturday through May from 8 AM-Noon. (Game schedules are now online.)

Please continue to pray for ministry opportunities with our soccer kids and their parents.

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Words of Thanks

Dear wonderful church family,

Once again you have shown your love with calls, cards and food.

Your prayers have lifted me up. Many thanks for helping me to feel better.

Love,

Pat Kirby

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The love of God is greater far than tongue or pen can ever tell.

We felt His love through the love of our church family when our earthly father passed recently.

Your love has blessed us far beyond measure and we thank God and each of you for continuing to love us during this time of such loss. God bless each of you.

**The Family of
Wayne Coleman**

Easthaven Baptist Church

13100 Beamer Rd.
Houston, TX 77089

The Point

THE NEWSLETTER OF EASTHAVEN BAPTIST CHURCH

APRIL 1, 2010



Egg-Stravaganza 2010



Photos: Doug Parmer



13100 BEAMER RD., HOUSTON, TX 77089 • PHONE: 281.922.5520

FAX: 281-922-5525 • www.easthavenchurch.org

...from Pastor Kevin

Matthew 5:48 reads, “Be perfect, therefore, as your heavenly Father is perfect.” As parents we have all told our children “practice makes perfect” but before practice makes perfect, practice makes perfect possible.

On Easter Sunday we celebrate the most perfect event in the history of the world – the perfect enactment of divine love, the greatest expression of life ever gifted to the world – the resurrection of Jesus Christ.

Today, “death is dead.” These words are spoken by Lazarus in a play written by Eugene O’Neill called “Lazarus Laughed.” Lazarus is facing Caligula, the Roman emperor. But instead of begging for mercy, Lazarus laughs. And the chorus shouts, “Laugh! Laugh! Fear is no more! Death is dead!”

Did you hear it? “Death is dead.” Whatever is killing you right now, whatever grave clothes have trapped and wrapped themselves around you like a python, whatever straitjackets you find yourself in, you can escape. You can walk into the light and experience the miracle of life.

“Death is dead.” And because “death is dead,” there is a new world of new possibilities for all of humanity. So keep believing! Keep practicing your faith because practicing make perfect possible.

Celebrate well,



Pastor Kevin

April Health Awareness: Seasonal Allergies



Allergies are a short-term inflammation of the mucous membranes that line the nasal passages. “Hay Fever”, as the condition is commonly called, is caused by airborne pollens from trees, grasses, flowers, and weeds.

Allergies caused by pollen and other allergens affect 40 million Americans and cost more than one billion dollars in annual treatment costs. Although it’s usually not a dangerous condition, it can be very uncomfortable and, for some people, can severely disrupt daily activities.

A physical examination can help your doctor rule out mechanical or physical abnormalities that may cause nasal symptoms. Allergy skin tests can determine which allergens are responsible for your symptoms.

When pollen counts are high, seek refuge in a climate-controlled environment if possible. The pollen count peaks between 5 AM and 10 AM each day. Try to stay indoors during those hours. If you are commuting in your car, keep windows rolled up and use the air conditioning. Wearing sunglasses may also help keep pollen out of your eyes. Watch the weather forecast to find out the pollen count.

Allergies themselves are not serious. However, sinus infections characterized by fever, pain, and green or yellow nasal discharge can mimic allergies and require different kinds of treatment. Although there are several over-the-counter (OTC) drugs available, your doctor is the best source of information for the proper drugs for treatment.

–Nurse Ministry

...from Pastor Ron

Is there evidence that Jesus actually died and arose? The answer is “Yes!” Following is that evidence:

Proposed Empty Tomb Explanation #1:

Jesus was only unconscious and later revived.

The Evidence:

- A Roman soldier told Pilate that Jesus was dead. **Mark 15:44-45**
- The Roman soldiers did not break Jesus’ legs because he had already died, and one of them pierced Jesus’ side with a spear. **John 19:32-34**
- Joseph of Arimathea and Nicodemus wrapped Jesus’ body and placed it in the tomb. **John 19:38-40**

Proposed Empty Tomb Explanation #2:

The women made a mistake and went to the wrong tomb.

The Evidence:

- Mary Magdalene and Mary the mother of Joses saw Jesus placed in the tomb. **Matt. 27:59-61; Mark 15:47; Luke 23:55**
- On Sunday morning Peter and John also went to the same tomb. **John 20:3-9**

Proposed Empty Tomb Explanation #3:

Unknown thieves stole Jesus’ body.

The Evidence:

- The tomb was sealed and guarded by Roman soldiers. **Matt. 27:65-66**

Proposed Empty Tomb Explanation #4:

The disciples stole Jesus’ body.

The Evidence:

- The disciples were ready to die for their

faith. Stealing Jesus’ body would have been an admission that their faith was meaningless. **Matt. 27:65-66**

Proposed Empty Tomb Explanation #5:

The religious leaders stole Jesus’ body to produce it later.

The Evidence:

- If the religious leaders had taken Jesus’ body, they would have produced it to stop the rumors of his resurrection.

Have a great Easter and remember:

He is risen!



Pastor Ron



Egg-Stravaganza 2010

